

PATIENTS WHO HAVE UNDERGONE SEDATION

PATIENT INFORMATION LEAFLET

What is sedation?

Sedation is a medical procedure involving the administration of sedative drugs, generally to facilitate a medical procedure like reducing a shoulder dislocation or putting a plaster on a broken ankle.

You have been given a sedative drug to assist with your procedure. You may experience a short period of memory loss during the time the sedation is effective. This drug may also impair your judgment for up to 24 hours.

For this reason the doctor has advised the following:

Do not

- Drive a vehicle.
- Drink alcohol.
- Sign any important documents.
- Operate any machinery or appliances like kettles or cookers.
- Care for any dependent adults or children without responsible help.

Do

- Rest.
- Drink plenty of fluids and eat a light diet.
- Have a responsible adult to care for you at home.

After resting at home for 24 hours:

If you experience any chest pain or shortness of breath after discharge home, please contact the department or return as soon as possible.

If you or your carer has any concerns either ring the Emergency Department for advice on:

0191 565 6256 Ext: 42092

OR

Return to the department

Please show this information to the person who is looking after you

Useful websites

www.nhs.uk

www.chsft.nhs.uk

Contact details

This information was correct at the time of printing. While the Trust makes every reasonable effort to keep its information leaflets up to date, very recent changes may not yet be reflected in the guidance and you should discuss this with the clinical staff at the time of your appointment.

Information is based on that available on www.patient.co.uk.

Date of publication: April 2004

Reviewed: June 2012

Review due: June 2015

CGSG: Mar 2008

Ref: 160/08

© City Hospitals Sunderland